

Inhalation with a metered dose inhaler (puffer) via spacer without facemask

1. Inhalation with a metered dose inhaler should always be carried out with a small-volume prechamber.
2. For children from 3 years of age, inhalation with metered dose inhaler is carried out via the pre-chamber without a mask.
3. The MDI should be shaken vigorously up and down 5 times and, after removing the lid, firmly inserted into the ballast chamber.
4. The child should hold the mouthpiece between the teeth and enclose it tightly with the lips. To inhale only through the mouth, the nose can be held closed. With the priming chamber held horizontally, press 1x forcefully on the metered dose inhaler.
5. The child should take one deep breath and hold it for 10 seconds. If this is not possible, breathe in and out calmly for 10 breaths.
6. If another application is necessary, shake the metered dose inhaler vigorously again 5 times before using it again.
7. If a cortisone-containing metered dose inhaler is used, rinsing the mouth, drinking or brushing the teeth afterwards will prevent residues.
8. If cortisone-containing preparations are used daily, it is helpful to keep it with the toothbrush as a reminder.